

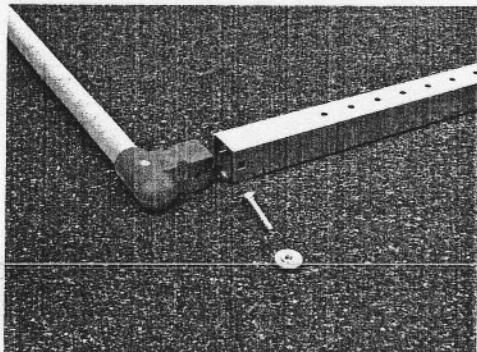


SPIETH
Gymnastic

Art. 121 9106
121 9122

Aufbauanleitung Just for Kids Assembling instruction Just for Kids

15.8.2003



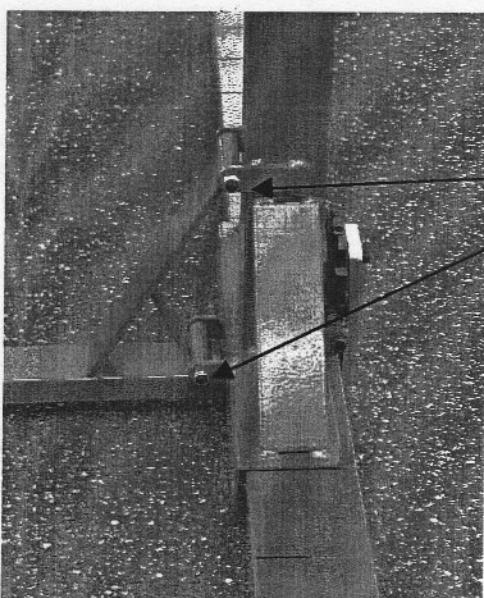
Zusammenbau von Holm und Verstellrohr mit Schraube und Mutter

Assembling of rail and adjusting tube with bolt and nut



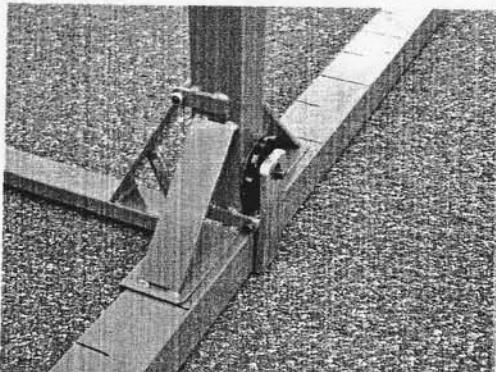
Holm mit Verstellrohr zusammengebaut

Rail and adjusting tube assembled



Zusammenbau von Querschwelle und Ständerrohr mit Schrauben M 8 und selbstsichernden Muttern

Assembling of the base with screws M 8 and nuts

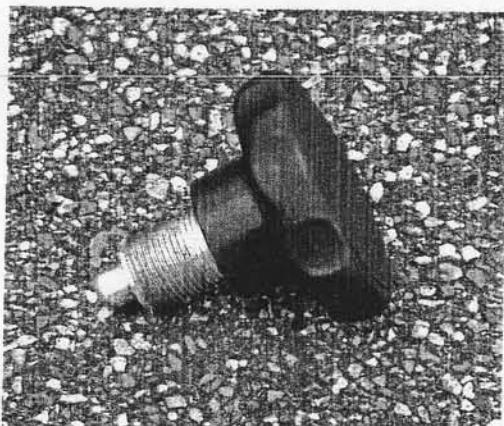


Ständerteil auf Fusschwelle setzen, so dass der Klemmhebel mit seiner Nase unter die Fuss-Schwelle greift.

Dann Klemmhebel mit Klemmrad andrücken.

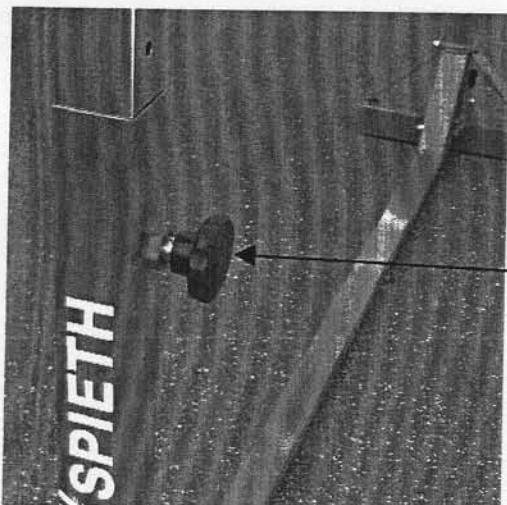
Mit Handrad entgegen dem Uhrzeigersinn die Teile gegeneinander verspannen

Console and upright
with wheel fixed



Rastschraube für Höhenverstellung

screw for height adjustment



Drehen sie die Schraube etwas auf und ziehen sie das Handrad nach aussen. Der Raststift gibt das Verstellrohr frei und sie können es verschieben.

In der gewünschten Höhe lassen sie den Raststift wieder einrasten und drehen die Schraube wieder fest.

Open the screw and pull the wheel.
The fixing pin goes loose and you can adjust the wanted height.

Then fix the screw

Warning

Any activity involving motion or height creates the possibility of serious injury including permanent paralysis and even death from landing or falling on the neck or head or other parts of the body.

You assume a risk of serious injury using this equipment. However, the risk can be reduced by strictly following this rules all the time:

1. Use this equipment only under the supervision of a trained and qualified instructor.

2. This equipment must be used only when protected by proper mattings recommended for each piece of equipment by the International Gymnastic Federation. If doubt concerning matting, do not use this equipment.
3. This equipment must be used with proper spotting equipment and qualified instructors suitable to the activity or skill. Always consult an instructor.
4. Know your own limitations and the limitations of this equipment. Follow progressive learning techniques and always consult an instructor.
5. Always inspect this equipment for proper stability before each use.
6. Always inspect this equipment for loose fittings, loose cables and look before each use. Replace any worn, defective or missing parts.
7. Always inspect this equipment for improper and unsafe installation. If any doubt, do not use this equipment.

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