

# „Variable“ Massage Table in a Case

**Thank you very much for choosing a Sport-Thieme product!**

Please read the instructions fully before you assemble the equipment, so you can enjoy the product and safety is guaranteed. We are happy to answer any questions you may have.



This massage bench is a movable and foldable table for massaging patients for use by trained massagers. It is a medical product according to class I of the Medical Devices Act and bears the CE marking. Secure operation of the product will only be possible if used as intended.

**Specifications:**

Length:	170 cm
Width:	60 cm
Height:	70 - 79 cm
Weight:	approximately 14 kg
Covering:	artificial leather
Maximum load bench:	300 kg

## Setup instructions

### SETUP THE BENCH:

1. Open lock and unfold bench.
2. Verify lock nuts are tight and secured.
3. Unfold outer legs and push shears to stop.
4. Unfold middle legs and shears from top to stop.
5. Raise the bench: Put one foot to the lower middle leg.  
Use the handles to pull the bench towards your body  
Verify that all shears are pushed to outer limit.  
IMPORTANT: Latches on shears have to be locked in.
6. HEADREST:  
Insert rod system into according holes in front side. Push to stop.  
Mount pillow on rod system.  
Push rod buttons from inside out.  
Adjust headrest to desired position.  
Push rod buttons from outside to fix position.
7. HEIGHT ADJUSTMENT:  
Put bench on one side. Open lock nuts.  
Adjust legs accordingly. Tighten lock nuts again.  
Every leg has to have both lock nuts tightened.

### FOLDING THE BENCH:

Follow setup instructions in reverse order. Pay attention to following hints:

1. remove headrest and stow away into the bench
2. fold in middle legs followed by outer legs
3. fold bench
4. secure lock

### CLEANING:

Wipe with moist cloth or use mild detergent to clean.

### DISINFECTION:

BIGUAMED is the most suitable disinfectant. Never use disinfectant with bleaching or colour brightener since this will leave stains on the surface and could even damage the surface of your bench.

### PACKAGING:

The packaging is licensed according to § 6 chapter 3 with the German dual system „EKO-PUNKT“.

## SECURITY ADVICES - PLEASE READ CAREFULLY

In case of incorrect use moving parts can cause injuries like cuts, bruises or shearing's:

- Setup and usage have to be done by trained operators.
- Before each use the operator needs to verify that the shears are completely straight and secured using the protection mechanism.
- All adjustments have to be done empty without a person on the bench.
- The bench has to be set on a plane and stable floor to avoid toppling.
- The maximum load has not to be exceeded.