

Assembly instructions

Suspended swing

Thank you very much for choosing a Sport-Thieme product!

Please read the instructions fully before you assemble the equipment so you can enjoy the product and safety is guaranteed. We are happy to respond to your questions and requests.



The suspended swing is delivered fully assembled with:

- (1) suspended swing; with sewn-on support rings (2)
- (3) support rope
- (4) carrying straps

Assembly instructions for prod. code. 11 127 1922

Safety advice:

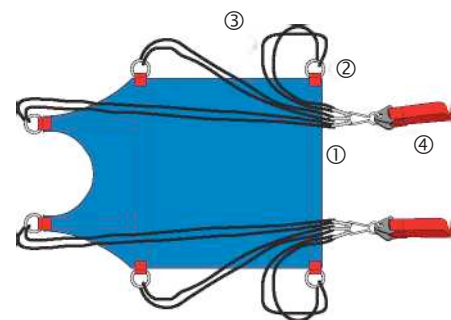
- When suspending the swing, only use ring equipment that complies with DIN EN 12655:1998 (gymnastics rings) or a single-point suspension (prod. code 129 2930). Before installing the single-point suspension, check with an expert that the ceiling has sufficient load-bearing capacity. Installation using suitable fixings (wall plugs, bolts) should be carried out by a specialist.
- After installation, the suspended swing should be checked regularly, particularly the fasteners, suspension, brackets and anchors. The suspension should be replaced if damaged. If the suspended swing or a fastener is damaged, the suspended swing must no longer be used and must be sent directly back to Sport-Thieme for repair.
- On rare occasions, incorrect installation or failure to check the suspended swing regularly can lead to the user falling off or injuring themselves.
- The distance between the ground and suspended swing must be at least 40 cm.
- Ensure that there is sufficient space for swinging in all directions. Close walls and the ground beneath the swing should be padded using gymnastics mats.
- Ensure that all fasteners are locked firmly in place before starting to swing.
- The suspended swing may only be loaded with people, not objects.
- The maximum load for the suspended swing is **100 kg**.
- Not suitable for children under 3 years old.

Warning: The suspended swing may only be used under direct supervision!

Familiarise yourself with the construction

1. Begin by familiarising yourself with the construction (illustration 1): the suspended swing ① has 6 sewn-on support rings ②, the support rope ③ connects these to two attaching straps ④.

III. 1



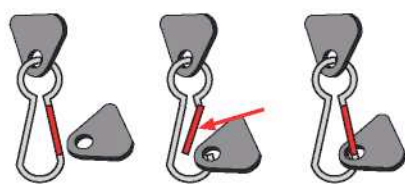
Attaching the suspended swing

1. Attach each strap to a ring ⑤ or to a 1-point attachment (prod. code: 129 2930) (illustration 2): the snap hooks are opened using a tilt mechanism (illustration 3).
2. The support ropes have eyelets every 7 cm (illustration 4); by pulling the support rope through the eyelet, you can adjust the position of the suspended swing (illustration 5).

III. 2

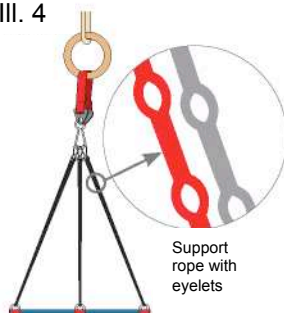


III. 3



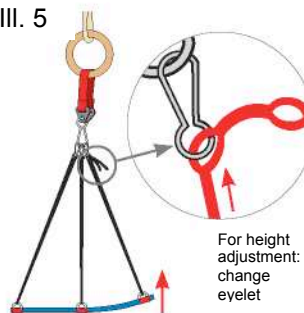
Opening and closing the snap hook

III. 4



Support rope with eyelets

III. 5



For height adjustment: change eyelet

