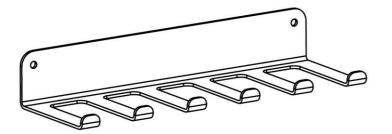


# Assembly instructions for the Sport-Thieme skipping rope hanging unit

Thank you very much for choosing a **Sport-Thieme** product. We want to make sure that you can enjoy this product, so here is some important advice for your safety as well as for the use and maintenance of the equipment.



III. 1 Skipping rope hanging unit



# Included:

- Pos. Description
  - 1 Skipping rope hanging unit
  - 2 Hexagonal wood screw 8 x 70
- 3 Washer
- 4 Plastic wall plug GD 10 x 60

## 1. <u>General</u>

The wall-mounted skipping rope hanging unit for tidy storage of more than 180 skipping ropes is a sturdy, galvanised metal rail with 6 hooks. It is 48 cm long and has a reach of 16 cm.

8.5

The skipping rope hanging unit is supplied including fittings for wall mounting. This material is suitable for mounting to concrete, bricks, sandstone, aerated concrete and wood.

#### 2. Assembly instructions

Place the hanging unit at the desired height on the wall and mark the drilling holes. The distance between the holes is 44 cm.



Now drill the two holes and insert the wall plugs. Use the hexagonal wood screws and washers to mount the skipping rope hanging unit to the wall.

## Caution: Do not overload or climb the equipment!



## Maintenance and care instructions

**Instructions:** Carry out a visual check at regular intervals. Due to our continuous quality control of the products, technical changes may occur which may lead to slight deviations in the instructions.

Check at regular intervals that the screw connections are tight.

Check the equipment for possible damage and replace worn-out parts. Check the condition of wooden elements as chipping and other signs of wear can result from use.

We are happy to answer any questions you may have.

# Your Sport-Thieme Team